

## A checklist to help you choose a Care Home

The first impression	YES	NO
Was the home easy to find?	<input type="checkbox"/>	<input type="checkbox"/>
Do you like the location?	<input type="checkbox"/>	<input type="checkbox"/>
Were you warmly welcomed at reception?	<input type="checkbox"/>	<input type="checkbox"/>
Was the reception area clean and tidy?	<input type="checkbox"/>	<input type="checkbox"/>
Did the residents seem happy and engaged?	<input type="checkbox"/>	<input type="checkbox"/>
Was there an unpleasant odour?	<input type="checkbox"/>	<input type="checkbox"/>
Did the staff interact with the residents?	<input type="checkbox"/>	<input type="checkbox"/>

### The environment

Did the home have a 'homely' comfortable feel?	<input type="checkbox"/>	<input type="checkbox"/>
Was the home well decorated and in good order?	<input type="checkbox"/>	<input type="checkbox"/>
Can you bring your own furniture and possessions?	<input type="checkbox"/>	<input type="checkbox"/>
Was there en-suite facilities?	<input type="checkbox"/>	<input type="checkbox"/>
Are there a variety of communal spaces?	<input type="checkbox"/>	<input type="checkbox"/>
Are there adapted baths or showers that meet your needs?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a nurse call system in your room?	<input type="checkbox"/>	<input type="checkbox"/>
Can you control the heating in your room?	<input type="checkbox"/>	<input type="checkbox"/>
Does it have a garden / outside space you can access?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a telephone point in your room?	<input type="checkbox"/>	<input type="checkbox"/>
Do they have internet access?	<input type="checkbox"/>	<input type="checkbox"/>

## The food

Are there choices at mealtimes?	<input type="checkbox"/>	<input type="checkbox"/>
Can you choose to eat in your room?	<input type="checkbox"/>	<input type="checkbox"/>
Can you get involved in food preparation?	<input type="checkbox"/>	<input type="checkbox"/>
Can the chef cater for your dietary needs and preferences?	<input type="checkbox"/>	<input type="checkbox"/>
Can relatives join you for a meal?	<input type="checkbox"/>	<input type="checkbox"/>
Are their snacks and refreshments provided throughout the day?	<input type="checkbox"/>	<input type="checkbox"/>

## The activities

Are there a good range of activities on offer?	<input type="checkbox"/>	<input type="checkbox"/>
Do these activities change month on month?	<input type="checkbox"/>	<input type="checkbox"/>
Are there activities you are interested in?	<input type="checkbox"/>	<input type="checkbox"/>
Are there regular outings arranged?	<input type="checkbox"/>	<input type="checkbox"/>
Are there activities or events that include relatives?	<input type="checkbox"/>	<input type="checkbox"/>

## The staff

Do the staff hold relevant qualifications?	<input type="checkbox"/>	<input type="checkbox"/>
Do they receive regular training?	<input type="checkbox"/>	<input type="checkbox"/>
Is there specialist training i.e. dementia care?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a high staff turnover?	<input type="checkbox"/>	<input type="checkbox"/>
Do the staff speak your language?	<input type="checkbox"/>	<input type="checkbox"/>